

Steps to Successful Free Motion Machine quilting

Catherine Redford

www.catherineredford.com

Supply List

Materials:

Ten, 12" squares solid fabric
Two 12" square pieced blocks (anything!)
50wt cotton thread to contrast with your fabric
Six, 12" square pieces low loft cotton batting

Equipment:

at least 50 safety pins size #1
scissors
sewing machine **with free motion foot** (plus any add-on table/tray you have to extend sewing surface)
needles for machine (Sharp or topstitch Needles 80/12)
instruction manual for machine
spare bobbins
Drawing paper
Ultra Fine tip Sharpie or similar
small trash bag