Double Reverse Appliqué, Full Day Class
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Virtual (ZOOM) Class

NOTES:
- This class is geared toward the intermediate level quilter, who is comfortable with free motion sewing.

Supply List:
Equipment:
Sewing machine that can lower its feed dogs
Presser foot for free motion (darning, big foot, etc.)
Light box (This is integral to the procedure. If you don't have a light box, plan to use a bright window or some
   other easy tracing set up.)
Sharp embroidery scissors (the little ones that are sharp all the way to the tip)
Paper scissors
General sewing supplies
Fat highlighter
Black Sharpie, regular tip
5+ colored pencils, each a different color
If you want to learn how to make your own patterns:
   A favorite color photo, with strong light/dark contrasts. An 8 x 10 is best.
   Tracing paper, several pieces.
   Pencil and eraser
   (Optional, but highly recommended) Send a digital version of your photo to Ellen at
      elindner@cfl.rr.com . She needs it at least 5 days before the start of class.

Fabrics, threads, and such:
*Sulky Totally Stable (or other lightweight iron-on stabilizer that can be torn away later)
Thin white fabric (like muslin) for the bases, 2 pieces, each ~ 14 x 14
See color placement chart for fabric colors and quantities.
 ➢ Small scale or subtle prints work well for the apple. Background and shadow fabrics can be larger
  prints, if desired.
 ➢ **Directions are given for red and green fruit, however, other colors are very stunning*. When
  choosing fabrics for a different color scheme, match the value (light vs. dark,) to the color stated
  on the pattern**.
Clear monofilament thread
Medium gray thread (OR threads that loosely match your fabrics)

**Class Preparation: Do the following steps twice - once for the apple and once for the pear. (Be ready to
sew both, but we will start with the apple.)**
Join two pieces of stabilizer together, to create a piece at least 14 x 14. (Overlap the pieces and iron the
   overlapped area. Pin, on the non-fusible side, for security.)

Print out all four parts of the pattern. Trim the interior margins. Using a light box, align the pieces correctly and
   tape them together.

Using a black Sharpie, trace the pattern lines (but not the numbers) onto the non-fusible side of the
   stabilizer.

Using a pen or pencil, add the pattern numbers.
Put the stabilizer, fusible side down, onto the white base fabric. Iron the two together.

Iron all fabrics. <u>Label fabrics</u> and stack them in order   (You can write in one corner. See the number-color chart on the pattern.)

Set up your machine with monofilament in the bobbin and gray thread on top. Increase the top tension to approximately 7.

<u>*See the Double Reverse Appliqué gallery</u>

Email me if you have questions: <u>ellen@adventurequilter.com</u>

For students

A note of encouragement: You can do this. As a matter of fact, you'll enjoy the convenience and comfort of sewing in your own sewing room, with your comfy chair, and access to all your tools. And you'll still have full access to me and the other students. It's going to be great!

- Please attend any training sessions hosted by your group.
    - Sign up for a free Zoom account at zoom.us
    - Join your workshop between 15 and 30 minutes prior to the start time.

Very important: **be prepared to show your work.** You'll most likely want teacher feedback. In order to give it, Ellen must be able to see you work. In order to facilitate this please plan ahead. Many times your project will not be pinned and, therefore, it will be impossible to move it to the camera you're using. Instead, plan to:
    - Illuminate your work area very well.
    - Bring your device (iPad) etc. so it's pointing at your work. (This can even be done with a laptop, but it's tricky.)
    - If that's not viable, be prepared to take a photo of your work and email it to Ellen. Please be familiar with your devices so you can do this quickly. You may want to practice.