

Cindy Grisdela
Contemporary Art Quilts
Reston, VA

www.cindygrisdela.com

703-402-3116

cindy@cindygrisdela.com

Artful Improv Supply List

Choose a color recipe—for example, warm colors like red, orange, and yellow, or cool colors like blue, green, and purple. Or you can choose an “anything goes” color recipe and use all the colors! Include different values of your colors—lights, mediums, and darks—as well as one or two contrasting colors to add interest. Fabrics can be solids, batiks, small scale prints, or a combination.

This is a scrappy process, so you’ll need 8-12 fat quarters--18” x22”—to explore these improv techniques—Improv Log Cabin style blocks, Improv Curves, Angled Stripes, Curved Strips, and Insets. You may also include scraps of various sizes.

- Sewing machine in good working order with a ¼” foot
- Rotary cutter and mat - I like the 60mm rotary cutter, but bring whatever size you like best, with a new blade
- Rulers—suggest 9” square and 6” x 12”
- Basic quilting supplies including straight pins, seam ripper, neutral thread, scissors and/or snips for cutting threads, measuring tape, safety pins
- Batting or flannel to use as a “design wall”
- Digital camera or phone to take photos of design options (optional)

*Optional but helpful—*Artful Improv: Explore Color Recipes, Building Blocks & Free Motion Quilting* by Cindy Grisdela