

Cindy Grisdela

Contemporary Art Quilts

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Cindy Grisdela, from Reston, VA, is an award-winning fiber artist with over 30 years' experience creating eye-catching quilts. She specializes in improvisational quilt designs using color and texture as the primary focus, and she travels extensively all over the country teaching and lecturing to guilds and groups. She is excited by the opportunities to continue sharing her work using live online classes and lectures.

Cindy comes from a long line of women who have expressed themselves using a needle and thread, although curiously there were no quilters in her family. Creating with various forms of fabric and thread has been a part of her life since she was a child, and she is self taught as a fiber artist, with lots of experimentation along the way.

Cindy is the author of *Artful Improv: Explore Color Recipes, Building Blocks & Free Motion Quilting*, published by C&T Publishing, as well as a new book expected to be released in Fall 2021 called *Adventures in Improv Quilts*. Her quilt designs have been published in numerous books and magazines, and she appeared in three episodes of Quilting Arts TV—#2101, #2104, and #2213—discussing Fearless Curved Piecing, Scrappy Improv Blocks, and Secrets of the Art Show Circuit.

For more information, please visit Cindy's website and blog at www.cindygrisdela.com