

# Sheila Frampton- Cooper [www.Zoombaby.com](http://www.Zoombaby.com)

## *Appliqué + Piecing = New Possibilities*

### **Class Description:**

In this workshop, students will draw a design, create a full-scale pattern on freezer paper, and assemble the forms by Appli-piecing, which is part appliqué and part piecing. I will guide students in composing a simple or complex design, and encourage that the process is undertaken with openness and ease. Students will play with shape, scale and movement. We will also discuss creating a value study, and then choosing your palette. Students will be provided with small compositions to assemble and become comfortable with the technique before they start designing.

### **Supply List:**

- 100% cotton fabric, preferably solids **LIGHT/MED/DARK**  
**VALUES FOR EACH COLOR** (details below) Textured prints are welcome in this workshop. Batiks will also work very well with this technique.
- At least one yard each of neutral colors. (\*see below)
- Sewing machine (Your sewing machine must play well with very fine thread.)
- Needles (Microtex Sharps #60/8 or #70/10) This is very important because you will be sewing with very fine thread.
- **Freezer paper (Will be provided)**

- **Regular black Sharpie Pen (Will be provided)**
- Superior Threads Mono.Poly™ Thread (Only this brand, and the translucent version, not the black.)
  - Some machines will not like this thread, so please test before the workshop. An alternative would be Wonderfil by Invisafil - light gray 100wt 2-Ply Polyester Thread.
- Seam ripper and very sharp small scissors
- Rotary cutters (with extra blades) You will want a 28mm, as well as the standard 45mm.
- Ruler
- Cutting Mat (at least 24” for cutting width of fabric)
- Multi-plug extension cord with surge protection and a 3 prong adaptor if needed for classroom outlets
- Iron and tabletop iron pad (Travel size irons are best.)
- A flat light box. This is a must have and can be found on Amazon for a very good price. (Starting around \$25)
- **Good old fashioned spray starch.** (Will be provided)
- **A small round paint brush size 4.** (Will be provided)
- **A very small container with a lid.** (Will be provided)
- Sketchbook (for note taking, drawing etc.)
- Regular pencils w/eraser
- Blue painters tape.
- Your cell phone (for taking photos as you progress)

## **Optional, but not necessary:**

- An iPad Pro with an Apple Pencil if you have one, with the App Procreate installed.

You may visit this site as a reference for choosing your palette:

[http://www.robertkaufman.com/fabrics/kona\\_cotton/?solids&cotton#colorcard](http://www.robertkaufman.com/fabrics/kona_cotton/?solids&cotton#colorcard)

Note: I find that thinner cotton with a tighter weave works best for this technique.

\*Having at least 3 values of each color you bring will give you a better result. Regarding the neutral fabric, please make sure you bring very light values. Bring grays and taupes. Please make sure you bring a very light shade (close to white) as well as a light/medium.