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Supply List Arashi, Itajime and Stitched Shibori

Students Need to Bring:

Scissors

Paint shirt or apron

Embroidery needles and strong thread (I use Coat's & Clark upholstery thread—will have extra with me if you do not have...see resources below)

Notebook

Students may want to purchase their own PVC pipe, 24" length x 4-6" width...Lowe's usually has some that are pre-cut.

Bring plastic bags to carry fabric home in (I like zip-lock type bags in gallon size or larger)

May want your own clamps...I get the box of assorted plastic clamps from Lowe's Wood shapes to clamp....need pairs of Squares, circles, x's, triangles etc.

Dowel rods...1" diameter or larger, cut into 12" lengths (optional)

Couple packages of bamboo sticks (can find at Dollar Tree etc. for \$1.25) optional

3-4 yards cotton fabric- I like the Mercerized cotton printcloth from Dharma Trading Company (dharmatrading.com)

****You may bring 1-2 yds extra fabric (cotton, silk, linen, bamboo or rayon). May also bring t-shirt or clothing item to dye in the Indigo vat within reason. Please keep in mind we will be sharing the Indigo dye vat and may not be able to get to all extra items.**

Supplies Provided: Instructional hand-out, Indigo vat, Upholstery thread, clothes line, Clamps, Dowels, Shapes, PVC pipe, can supply fabric, needles, thread, samples